



Kuring-gai NSW Police Local Area Command (LAC)

eNewsletter # 235 - 11 April 2016

This weekly eNewsletter is compiled by Neighbourhood Watch volunteers as a service for residents in the NSW Police Force Kuring-gai Local Area Command (LAC), which includes most of the Hornsby and Ku-ring-gai council areas. The eNewsletter is a new type of Neighbourhood Watch; utilising the available technology to keep people more connected and up-to-date with local crime and safety issues.

The eNewsletter includes a selection of posts from the Kuring Gai LAC Facebook page [click here](#) (also known as 'eyewatch'), primarily for those not familiar with Facebook. We add anything interesting from a Neighbourhood Watch point-of-view - this could be a local newspaper article, a roadwork warning, crime prevention tip(s), an upcoming Neighbourhood Watch meeting, Q&As from residents, or an item from an other Police command ("Crooks know no boundaries!"). Have you seen anything we should share with the community? [Click here](#) to email NHW in Ku-ring-gai and Hornsby. We do value your contributions. Thank you for your support.

Please feel free to share/forward this eNewsletter with your friends, family, colleagues and neighbours. **To subscribe, [click here](#).**

11 April, PLANNING A TRIP THESE SCHOOL HOLIDAYS?



Secure your home, and take you car keys with you if you are leaving vehicles behind.

â€¢ Plan your trip â€“ ensure your vehicle and tyres are safe and well maintained

â€¢ Drive safely and remember police will be out on our roads, anywhere, anytime!

REMEMBER:

â€¢ Donâ€™t drink and drive

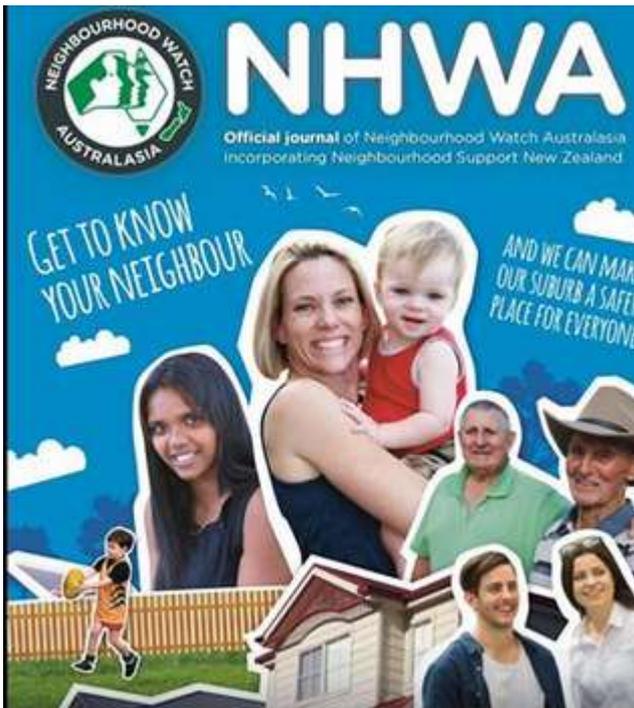
â€¢ Slow down and stick to speed limits

â€¢ Wear your seatbelt!

â€¢ Rest and revive regularly to avoid fatigue

*** Put your mobile phone away while driving â€“ your life is more important than a text!

9 April, Neighbourhood Australasia



The latest NHWA Magazine is available now! Great features, articles and tips for interesting reading. Contact your State NHW Office to make sure you receive a copy.

8 April, Traffic and Highway Patrol Command - NSW Police Force



Whilst we don't condone the use of a mobile phone whilst driving, the driver of silver car can clearly be seen strumming a guitar as he he drives along the M5 Motorway this morning. This type of irresponsible dangerous driving is shocking and will not be tolerated on our roads.

8 April, Hornsby police are investigating the theft of a handbag from beside a

stand alone kiosk called 'Something Special' Hornsby Westfields on Saturday 26th March 2016 just after 3:15pm. The bag contained approximately \$2770 worth of jewellery and other personal items. CCTV footage shows a female (pictured) near the location at the time. The female has a distinctive tattoo on her right leg and was pushing a trolley at the time and may be able to assist police in their inquiries into the matter. Any information given to police will be treated confidentially.

Please call Hornsby police on 9476 97699 or crime stoppers 1800 333 000 to report anonymously.

Please do not post names or identities on this public forum.

7 April, Marine Area COmmand - NSW Police Force

Please keep a look out for this stolen vessel registration AHM100N, which was stolen on trailer NSW Y97288 from a Rozelle location. The theft took place between the afternoon of Sunday 20 March and afternoon of Tuesday 22 March 2016. If you have any information, call your local police or Crime Stoppers on 1800 333 000. Please like and share.

7 April, How to stay clam during road rage

If you spend any significant amount of time driving for work or leisure, there's a good chance that you've experienced or witnessed some form of road rage.[1] Road rage involves losing your temper over traffic-related situations and includes behaviors like obscene or provocative gestures, yelling, cursing, and tailgating.[2] It can also involve stopping your car and walking up to yell or rant at another driver. In some cases, physical violence is involved, which is something you definitely want to avoid happening. Learning how to keep yourself calm, as well as how to de-escalate someone else's road rage, can help prevent accidents and acts of violence on the road.

Learn how, [click here](#)

6 April, NSW Fire Service

The smoke over parts of Sydney is from earlier hazard reduction burning in areas like the Hawkesbury. As temperatures drop, the smoke is settling in some areas.

Thanks for your patience - this is critical work to protect people and homes from

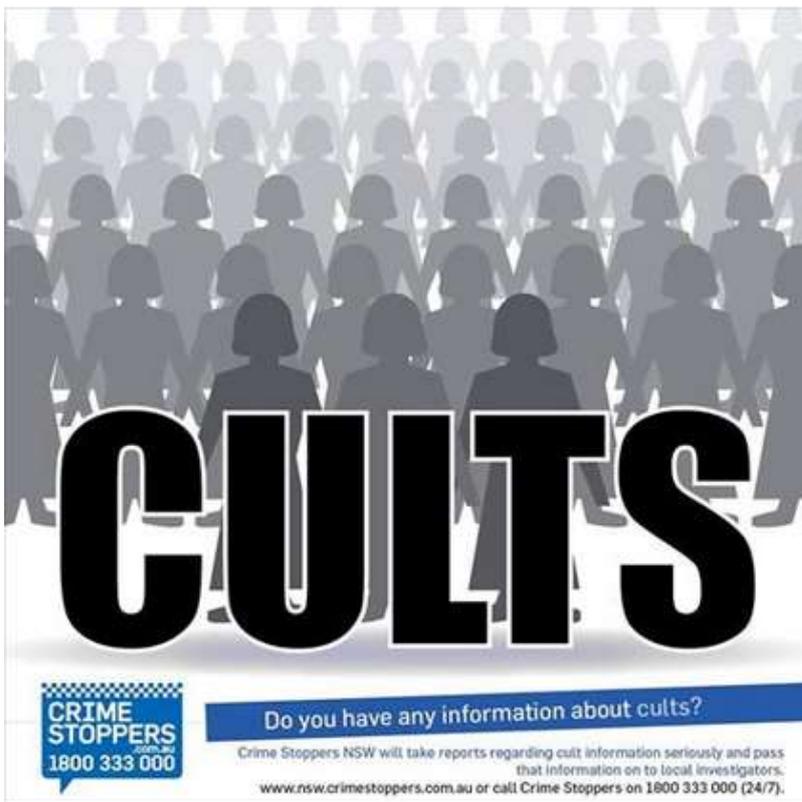
TIPS DURING HAZARD REDUCTIONS

-  Check for hazard reductions near you at www.rfs.nsw.gov.au/hr
-  Keep doors and windows closed to prevent smoke from entering your home
-  Keep outdoor furniture under cover to prevent burns from embers
-  Retract pool covers to prevent damage from embers
-  Remove washing from clotheslines
-  Ensure pets have a protected area
-  If you're driving, slow down, keep windows up, turn headlights on
-  For your own safety, don't go sightseeing around hazard reduction areas
-  If you've got health issues like asthma, take your reliever medicine and reduce activity outdoors in smoky areas

NSW RURAL FIRE SERVICE rfs.nsw.gov.au

bush fires.

6 April, DID YOU KNOW that you can report information regarding CULTS to Crime Stoppers NSW?



Crime Stoppers NSW will take reports regarding CULT information seriously and pass that information on to local investigators.

10 WARNING SIGNS OF A POTENTIAL UNSAFE GROUP/LEADER "CULT"

1. Absolute authoritarianism without meaningful accountability
2. No tolerance for questions or critical inquiry
3. No meaningful financial disclosure regarding budget, expenses such as an independently audited financial statement
4. Unreasonable fear about the outside world, such as impending catastrophe, evil conspiracies and persecutions.
5. There is no legitimate reason to leave, former followers are always wrong in leaving, negative or even evil.
6. Former members often relate the same stories of abuse and reflect a similar pattern of grievances.
7. There are records, books, news articles, or television programs that document the abuses of the group/leader.
8. Followers feel they can never be "good enough" .
9. The group/leader is always right.
10. The group/leader is the exclusive means of knowing "truth" or receiving

validation, no other process of discovery is really acceptable or credible.

If you have any information that may assist police please report online at www.nsw.crimestoppers.com.au or call Crime Stoppers on 1800 333 000 (24/7). You can remain anonymous.

6 April, Two men sought over Rebel bikie boss shooting murder

NSW Police Force have released new CCTV footage in the hunt for the killers of senior Rebels bikie Mark Easter, who was shot execution-style and dumped in bushland north of Sydney.

For more details, [click here](#)

6 April, NSW Police Legacy 2016 Kokoda Trek - Cheryl Day | Go Fundraise



Sgt Day from Kuring Gai LAC is participating in the 2016 NSW Police legacy Kokoda Trek. Anyone wishing to sponsor her please see the attach link. Kuring Gai LAC wishes her all the best.

[Click here.](#)



VOLUNTEERS NEEDED PLEASE

You may have seen several events coming up in the Dates for the Diary section of this newsletter. We would love an hour of your time. Each event involves aiding the local police with a crime prevention stall. What does that involve? Neighbourhood Watch volunteers are asked to chat with the public about crime prevention initiatives - get to know the latest products and tips to make yourself, your family, your home, and your car (have we missed something?) safe. We have colouring-in and puzzles for the kids, and give-aways for the big kids. Is this something you could lend an hour to? No experience necessary. Want to be more active with Neighbourhood Watch? Come along and give something back to the community. Meet like-minded people - we would love to meet you. Worthwhile and fun!



Sunday 01 May: Ku-ring-gai Council's Festival on the Green, St Ives. **10am-4pm** With Police/NHW crime prevention stall - volunteers needed please [and ice-skating!]

Saturday 07 May: Street Party @ Orara Street Park, Waitara. 2-4pm. With Police/NHW crime prevention stall - volunteers needed please

Sunday 22 May: Fishing Safety Workshop for Chinese community @ Bobbin Head 10am-3:30pm With Police/NHW crime prevention stall - volunteers needed please

Sunday 29 May: Fishing Safety Workshop for Korean community @ Bobbin Head 10am-3:30pm With Police/NHW crime prevention stall - volunteers needed please

9 April, Chemical Cleanout @ St Ives Showground 9am - 330pm Saturday 11 June and Sunday 12 June

9 April, Unlicensed Builder fined \$15,000 and ordered to pay \$26,000 Compensation

"Mr Issa was introduced to both victims through a Service Seeking website that failed to do licence and background checks on him. "

This is a warning to those who use websites, such as Airtasker etc - do your research pls.

8 April, Senior Constable Paul Cleary gave a talk on Cyber Safety (incl Romance Scams) at the Hornsby Library, as part of Seniors Week last Friday. Did you go? Here's a few tips we picked up from his presentation:

Regularly clean your mobile phone's screen to remove fingerprints which may give away your pass code.

Make a note of your mobile phone's unique International Mobile Equipment Identity (IMIE) number. This number can be utilised to block a mobile phone from being used by another person or phone company if it has been lost or stolen. Type *#06# into your device (like you would to make a call), press 'send' and the IMIE will appear on the screen.

Consider requesting a credit report on yourself each year to double-check your identity hasn't been stolen. Companies such as VEDA offer a free check if you aren't in a rush.

Regularly back-up your computer and mobile phone.

Ensure your firewall and security systems are always up-to-date.

Run a security system on your mobile phone; it's a miniature computer and deserves the same as you would do for your computer.

If concerned your computer may have been breached, scan it with anti-malware & antivirus software. There are various free ones available (unfortunately we can't share any names).

Use plenty of passwords and keep them complicated to guess (but easy for you - a cleverly altered meaningful phrase perhaps?)

6 April, CPR | Kids Health

The Children's Hospital at Westmead has developed a free online program, "CPR Training for Parents,"™ to teach the steps involved in Cardio-Pulmonary Resuscitation (CPR) for a baby (aged less than 12 months) or a child (aged over

one year). These steps can also be used on an adult.
[Click here](#) for more details.

6 April, Improve your health through Volunteering

FREE SEMINAR - THE HEALTH BENEFITS OF VOLUNTEERING



Improve your health through VOLUNTEERING

Come along and discover the numerous health benefits of volunteering. A Macquarie University professor in the field of health studies will show how volunteering can achieve better brain and heart health, lower blood pressure, enhance your immune system, as well as leading to a greater sense of happiness and well-being.

Thursday 7 April, 11am to 12.30pm
Includes light lunch and time to chat
Ku-ring-gai Council Chambers Level 3, 818 Pacific Hwy, Gordon
Please RSVP by Wed 5 April - see below or phone 8424 0970

Booking form

Date	Event	No. attending
7 April	Health seminar	

FREE

Name: _____ Phone: _____
Address: _____
Postcode: _____
Email: _____
Phone: _____

HOW TO BOOK

BOOKING@KURINGGAI.COUNCIL.NSW.GOV.AU |  Ku-ring-gai Council, 818 Pacific Highway, Gordon |  Ku-ring-gai Council, Locked Bag 9056, Sydney NSW 2073

5 April, OREGANO SPOT CHECK

OREGANO SPOT CHECK

CHOICE.COM.AU/OREGANO



Brand	Adulteration Percentage
50% OREGANO	50%
40% OREGANO	40%
36% OREGANO	36%
35% OREGANO	35%
26% OREGANO	26%
11% OREGANO	11%
<10% OREGANO	<10%

WE TESTED ONE SAMPLE OF A SINGLE BATCH FROM EACH BRAND. OTHER BATCHES OF OREGANO FROM BRANDS FOUND TO BE AFFECTED BY ADULTERATION IN OUR SPOT CHECK MAY BE FINE.

choice
CHOICE.COM.AU

CHOICE's spot check of 12 oregano brands found 7 were selling adulterated

products.

Our findings come in the wake of a food fraud study last year in the UK which found 25% of dried oregano samples were adulterated.

We purchased a selection of dried oregano products from supermarkets, grocers and delis in Sydney, Melbourne and Perth and had a single sample of each product analysed.

CHOICE has referred this findings to the ACCC for further investigations.

Do you buy oregano products?

[Click here](#) for other fake products

5 April, ACCC Product Safety



If you have a “hoverboard” at home, stop using and charging it immediately unless you’re sure it meets certain safety requirements. There could be imminent fire safety risks.

To find out more: [click here](#)

Dates for the Diary:

Friday 08 - Sunday 17 April 2016: Youth Week

Friday 08 April: FREE Cyber Safety for Seniors. Presentation by S/C Paul Cleary. 1030am @ Hornsby Central Library, 28-44 George St Entry via Hunter Lane, Hornsby. **Phone: 9847 6614** [Info](#).

Wednesday 20 April: First aid course for Teens. Visit kmc.nsw.gov.au/firstaid.

Sunday 01 May: Ku-ring-gai Council's Festival on the Green, St Ives. **10am-4pm** With Police/NHW crime prevention stall - volunteers needed please [and ice-skating!]

Wednesday 04 May: All Areas NHW meeting 6pm @ Hornsby Police Station. Everyone welcome.

Saturday 07 May: Street Party @ Orara Street Park, Waitara. 2-4pm. With Police/NHW crime prevention stall - volunteers needed please

Sunday 22 May: Fishing Safety Workshop for Chinese community @ Bobbin Head 10am-3:30pm With Police/NHW crime prevention stall - volunteers needed please

Sunday 29 May: Fishing Safety Workshop for Korean community @ Bobbin Head 10am-3:30pm With Police/NHW crime prevention stall - volunteers needed please

Saturday 11 & Sunday 12 June 2016: Ku-ring-gai Council Chemical CleanOut, 9-330pm @ St Ives Showground. Info.

Monday 20 June: KPCSC FREE Seminar 'Parent Survival Strategies for Teaching Young Drivers' 6-8pm @ Gordon Library Meeting Room 2. **Book: Carroll 0405 558 660.**

Monday 19 September: KPCSC FREE Seminar 'Parent Survival Strategies for Teaching Young Drivers' 6-8pm @ Gordon Library Meeting Room 2. **Book: Carroll 0405 558 660.**

Monday 26 September: Turramurra NHW meeting @ Turramurra Uniting Church, 8pm.

Monday 03 - Sunday 09 October 2016: NHW Week

From the Hornsby Advocate 7 April:

NORMANHURST

1 A 67-year-old man was allegedly assaulted by a woman in her 20s in Kenley park about 4.45pm on Tuesday after he was bitten by a dog. The man's leg was bitten by a ginger-coloured dog before a woman described as caucasian, about 20 years old, wearing a green top and grey shorts with dark hair, allegedly attacked the man and took his headphones. Police were told the woman ran off and returned with a man described as in his 20s, caucasian, with facial hair, wearing orange shorts and a white singlet. The 67-year-old was taken to Hornsby hospital with injuries including bruising under his left eye, a sore ankle from the dog bite and other cuts and bruises. Witnesses are urged to call Hornsby Police on [9476 9799](tel:94769799) with information about this incident.

TURRAMURRA

2 A 17-year-old from Turramurra was charged with malicious damage and trespass after trying to gatecrash a party with another teen in Roseville. Police were called to a house on Oliver Rd about 8.30pm on Thursday, March 24, about people gatecrashing a party there. Police were told by the party security guard that a couple of teens had tried to get into the party by jumping a rear fence and one of them had damaged the fence. Police then found two boys at the intersection of Roseville and Trafalgar avenues. A 17-year-old from Turramurra was spoken to and during the conversation became argumentative towards police, using offensive language. Police gave the teens a move-on direction from the area. When police returned to Oliver Rd, they were again confronted by the two young men. Police reminded them that they had been given a move-on direction and again they were heard using offensive language. Due to the teens' alleged level of intoxication, police decided to take them to Chatswood police station to be picked up by their parents.

HORNSBY

3 Counterfeit \$50 notes were used to buy an HTC mobile phone at Dick Smith in Westfield Hornsby by a man described as caucasian, on Friday, April 1, about 3.18pm. Police are reviewing CCTV footage.

BEROWRA HEIGHTS

6 \$2500 cash was stolen from a home on Kita Rd on Thursday between 10am and 2pm on Thursday, March 31. Thieves removed a flyscreen and entered the house via a ground-floor window. They knocked over pot plants and went through the garage but only took the cash.

HORNSBY

8 A man, 27, from Mt Colah, was arrested after police broke up a fight between about six people on Sunday, about 12.10am, in Hunter St. Police patrolling the area intervened in the fight between men aged 30, 27 and 44. Police allegedly found cannabis on the 27-year-old man, who may face charges after further inquiries.

WEST PYMBLE

5 \$5500 worth of camera equipment and cash was stolen from a home on Haite Close by removing a flyscreen and smashing a ground-floor window on Monday. Burglars ransacked the home and stole photographic equipment as well as cash sometime between 7am and 6pm.

THORNLEIGH

7 An 85-year-old man accidentally drove his car through the reception area window of a nursing home on Hillmont Ave about 5.30pm on Sunday. The reception area was destroyed but no one was injured. Fire and rescue as well as police and an ambulance attended the scene. No further action will be taken by police as it happened on private property.

From the North Shore Times 08 April:

The St Ives man is lucky to be alive after his Mercedes sedan collided with a power pole at 7.50pm near Tryon Rd.

The engine block separated from the chassis which struck another power pole that snapped and fell, pinning the driver.

Initial investigations have determined the main contributing factors of the accident were the manner of driving and speed after the driver spun out while travelling north along Archbold Rd

Fire and Rescue NSW crews responded to the accident shortly after 8pm and were able to rescue the 45-year-old who was then flown to hospital for treatment of lifethreatening injuries. He remains there in a stable but serious condition.

Police and Crash Investigation Unit officers are still looking into the incident and are calling witnesses to phone Chatswood Police on 9414 8499.

First Aid Course for Teens

A one-day course teaching young people how to administer first aid in a variety of situations. Course will be held on **Wednesday 20 April** and costs \$90 including lunch. Enquiries and bookings at 9424 0994 or youth@kmc.nsw.gov.au

KILLARA

4 Investigations continue into a suspicious fire which engulfed a vacant house. The fire occurred

on Friday, January 22, about 2pm on Northcote Ave and was extinguished by NSW Fire and Rescue crews. Police officers attached to Ku-ring-gai Local Area Command are still investigating the cause and are urging the public to come forward with information. Please contact Crime Stoppers.



Want to know about Scheduled Roadworks near you?

View the Live Traffic NSW website [here](#).

Download the Live Traffic App: Android, [click here](#). Apple, [click here](#).

Important Contacts

Emergency (Police/Fire/Ambulance) 000

Kuring-gai Local Area Command (LAC) 9476 9799

Hornsby Police Station, 292 Peats Ferry Road (ex-Pacific Hwy), Hornsby 2077

Crime Stoppers 1800 333 000

Report crime anonymously

Report suspicious activity asap

Police Assistance Line (PAL) 131 444

For non-urgent minor crime

Kuring-gai Crime Prevention Officer 9476 9723

Local Police Facebook page: [Kuring Gai LAC](#)

Non-emergency two-way communication

Interpreting & Translating Services 131 450

Never be afraid or embarrassed to report a crime, concern or fear you have to the Police. The Police are here to help you.

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This email has been forwarded to you by Neighbourhood Watch within Ku-ring-gai and Hornsby. Please share the information with anyone you think may be interested, and encourage them to join our Distribution lists. Thank you. If you live outside the Hornsby/Ku-ring-gai area, please contact your local Crime Prevention officer for similar information for your locality. If you are unaware of an active Neighbourhood Watch group in your area, please consider starting one.

Our mailing address is:

Neighbourhood Watch within Ku-ring-gai & Hornsby
c/o Crime Prevention Officer, Ku-ring-gai NSW Police PAC - Hornsby Police Station
292 Peats Ferry Road
Hornsby, NSW 2077
Australia

[Add us to your address book](#)



