



Neighbourhood Watch in Ku-ring-gai and Hornsby

eNewsletter #385 - 26 February 2019

This weekly eNewsletter is compiled by Neighbourhood Watch volunteers as a service for residents in Ku-ring-gai and Hornsby council areas. The eNewsletter is a new type of Neighbourhood Watch; utilising the available technology to keep people more connected and up-to-date with local crime and safety issues.

The eNewsletter includes a selection of posts from the [Ku-ring-gai PAC Facebook page](#) (also known as 'eyewatch'), primarily for those not familiar with Facebook. We add anything interesting from a Neighbourhood Watch point-of-view - this could be a local newspaper article, a roadwork warning, crime prevention tip(s), an upcoming Neighbourhood Watch meeting, Q&As from residents, or an item from an other Police command ("Crooks know no boundaries!").

🚗 Have you seen anything we should share with the community? [Please email](#) our NHW in Ku-ring-gai & Hornsby volunteers. We do value your contributions. Thank you for your support.

🚗 Please feel free to [share/forward this eNewsletter](#) with your friends, family,

colleagues and neighbours.

🚗 Reading our eNewsletter for the first time? [Click here to subscribe.](#)

22 February, from Kuring Gai Police Area Command



"Senior Health and Wellbeing Expo 2019" – celebrating the 2019 NSW Seniors Festival. - Held at Gordon Baptist church 22 February 2019.

What a great turnout! Approximately 300 senior citizens

The expo aimed to empower our senior citizens to live healthily and happily and to promote health and well-being for seniors. It being an English/Chinese bilingual event with a theme to celebrate cultural diversity among the senior communities.

It was very well attended with various organisations being able to showcase and explain to the attendees, information on services they can offer them.

Our focus was in promoting the friendly face of the NSW Police while taking advantage of the expo to explain the Next of Kin program – an initiative whereby after registering your details, it may assist the police and emergency services to contact a relative or other nominated person if needed in an emergency situation.

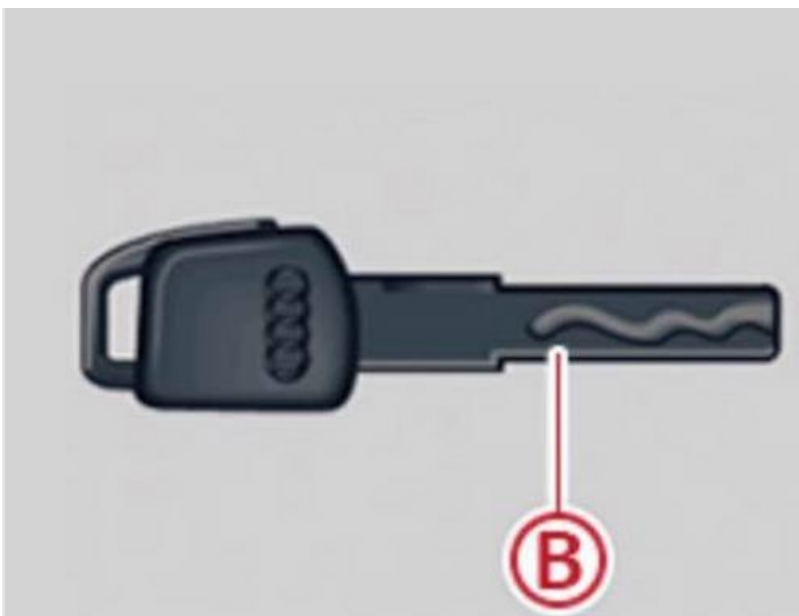
For further information on the Next of Kin program and how it can benefit you or someone you know residing alone, please contact either Hornsby Police Station on 94769799 or Gordon Police Station on 94185399.

22 February, from NSW Police Force



A new \$20 note is on its way in October 2019. It has a host of new features, including those to prevent counterfeiting. Read more [here](#).

21 February, from Inner West Police Area Command



Do you own a Audi with a spare plastic key? (also known as a "wet" key)

Recently offenders have been breaking into Audi's and searching through the glove-box and vehicle manual for this spare key to start the vehicle.

Not all types of Audi vehicles are issued with a wet key, however if your vehicle is equipped with one, please remove it from your vehicle immediately. (Please note that all new Audi models from 25 January 2016, do not carry this small plastic spare key)

All vehicle owners should follow these tips to minimise the chances of your vehicle being broken into:

- * If possible park in well-lit and busy areas.
- * If you're going on holidays, park at a friend or family members home so they can monitor your vehicle.
- * Install additional alarm systems or immobilisers on your vehicle.
- * Don't leave valuables on display in your vehicle.

If you notice any persons behaving suspiciously around parked vehicles, please call the Police Assistance Line on 131444.

21 February, from Crime Stoppers NSW

How do Opiates – Heroin, Methodone, Codeine – affect your driving?

Using heroin and other opiates such as morphine, codeine and methadone:

- ☹ Makes you sleepy
- ☐ Slows your reaction time
- ☐ Makes you lose balance, coordination and concentration
- ☐ Reduces your ability to pay attention to what's happening on the road

Combining alcohol and opiates multiplies the depressant effects of both drugs, even if only small quantities are used. You will feel drowsy, uncoordinated and be more at risk of falling asleep at the wheel.

Opiates are one type of drug that Mobile Drug Testing detects.

21 February, from Crime Stoppers NSW



Did you know?

- Fatigue is one of the big three killers on NSW roads
- Fatigue-related crashes are twice as likely to be fatal - drivers who are asleep can't brake
- From 2013 to 2017, more people in NSW died in fatigue-related crashes than

drink driving crashes

- Being awake for about 17 hours has a similar effect on performance as a blood alcohol content (BAC) of 0.05

Don't drive while fatigued.

19 February, from 7 News Sydney

Wetherill Park: During a huge police drink driving operation a man thought his van could slip under the radar.

Moments after dodging a random breath test, the 38-year-old used a service station for protection. His escape was short lived within seconds, police were breathing down his neck.

Watch video [here](#).



Neighbourhood Watch
Creating Safer Communities

From the Office of the eSafety Commissioner: Free online safety presentations

The Office of the eSafety Commissioner is hosting free webinar presentations to help older Australians stay safer online. It's our way of helping the 4 million older Australians that are keen to improve their digital literacy, but want help addressing online safety concerns*. Join us online this March and April as we present our new topic, plus the eSafety essentials – a selection of our most popular webinar topics from last year. Bookings are limited so don't miss out!

All you need to know about data and public Wi-Fi

Skill Level: Beginner to Intermediate.

Whether you're using the internet at home or on your mobile when you're out and about, everything you do online uses data. Knowing how and when to use your mobile data or Wi-Fi can help you stay safer online and save money.

Join our 1-hour webinar to learn:

- How to get the best value for money from your mobile data plan
- Tips on managing your data allowance
- How to keep your data costs down while out and about
- How to use public Wi-Fi safely

Monday 25 March: Office of the eSafety Commissioner FREE online webinar 'Using Data and Public Wi-Fi' 10-11am [Info and booking](#).

Tuesday 26 March: Office of the eSafety Commissioner FREE online webinar 'Using Data and Public Wi-Fi' 2-3pm [Info and booking](#)

Wednesday 27 March: Office of the eSafety Commissioner FREE online webinar 'Using Data and Public Wi-Fi' 10-11am [Info and booking](#)

Thursday 04 April: Office of the eSafety Commissioner FREE online webinar 'Using Data and Public Wi-Fi' 2-3pm [Info and booking](#)

Monday 08 April: Office of the eSafety Commissioner FREE online webinar 'Using Data and Public Wi-Fi' 12:30-1:30pm [Info and booking](#)

Tuesday 09 April: Office of the eSafety Commissioner FREE online webinar 'Using Data and Public Wi-Fi' 11:30am-12:30pm [Info and booking](#)

eSafety essentials to staying safer online

Skill Level: Beginner to Intermediate.

- Can you spot a scam? Tax Time edition - learn how to recognise and protect yourself from common scams and where to go for help when you need it.
- Safer online shopping and banking - learn how to shop online with confidence and do your everyday banking online safely.

- Staying safe on Facebook - learn how to protect your privacy on Facebook and enjoy connecting with others online safely.

Tuesday 12 March: Office of the eSafety Commissioner FREE online webinar 'Safer Online Shopping & Banking' 10:30-11:30am [Info and booking](#).

Thursday 14 March: Office of the eSafety Commissioner FREE online webinar 'Can you Spot a Scam? Tax Time Edition' 2-3pm [Info and booking](#).

Thursday 28 March: Office of the eSafety Commissioner FREE online webinar 'Staying Safe on Facebook' 2-3pm [Info and booking](#).

Monday 08 April: Office of the eSafety Commissioner FREE online webinar 'Staying Safe on Facebook' 10:30-11:30am [Info and booking](#).

Tuesday 09 April: Office of the eSafety Commissioner FREE online webinar 'Can you Spot a Scam? Tax Time Edition' 1:30-2:30pm [Info and booking](#).

Dates for the Diary:

Thursday 28 February: Community Safety Precinct Committee (CSPC) meeting. Neighbourhood Watch has representatives at this meeting. [Email us any issue you'd like discussed](#).

Friday 01 March: Streetwork Annual Golf Day. [Info](#)

Sunday 03 March: Clean up Australia Day

Friday 08 March: Hornsby/Ku-ring-gai Women's Shelter fundraiser - Strength is her Superpower. International Women's Day 2019.

Tuesday 12 March: Office of the eSafety Commissioner FREE online webinar 'Safer Online Shopping & Banking' 10:30-11:30am [Info and booking](#).

Thursday 14 March: Office of the eSafety Commissioner FREE online webinar 'Can you Spot a Scam? Tax Time Edition' 2-3pm [Info and booking](#).

Sunday 17 March: Ku-ring-gai Chase Fun Run [Info](#)

Wednesday 20 March: Tech Savvy Seniors - Intro to online shopping 10-12, Gordon Library. [Info](#).

Sunday 24 March: Bobbo Cycle Classic [Info](#)

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Sunday 05 May: Ku-ring-gai Council's Festival on the Green, St Ives. 10-4pm. Ku-ring-gai Police Area Command will have a crime prevention stall.

Saturday 25 May: Novus Foundation 2019 Almost Winter Ball [Info](#).

Sunday 07 April: Lindfield Rotary Fun Run.

From Hornsby Advocate, Thursday, 21 February [\[Link here\]](#)

Heartening health news [Page 08]

RESIDENTS of Sydney's northern suburbs are the least likely in Australia to die from heart disease.

The Heart Foundation has mapped the incidences of heart disease and found the regions with the lowest heart-related hospitalisations in the nation are all in well-off parts of Sydney.

North Sydney and Hornsby has the lowest heart-related hospitalisations, followed by the northern beaches, Ryde, eastern suburbs and Baulkham Hills.

However, the data makes for grim reading for battlers in central west and northwest NSW, with Gilgandra recording the highest death rate from heart disease in the state followed by Walgett and Tenterfield.

In and around Sydney, the five worst areas for heart disease mortality are the Hawkesbury region, Campbelltown, Penrith, Blacktown and Cumberland.



From The North Shore Times, Thursday, 21 February [\[Link here\]](#)

More victims report DV cases: 'Disturbing' rise in over-55s coming forward as shelter is forced to turn women away [Page 11, Edited]

Hornsby Ku-ring-gai Women's Shelter president Sallianne McClelland. Picture: Troy Snook

An "alarming" increase in domestic violence victims on the affluent north shore has resulted in hundreds being turned away every year from a women's shelter.

A particular spike in the number of women over 55 calling for help is "disturbing", authorities say.

The "significant" statistical increase is partly due to the fact that women are more aware of the resources available to them and braver about seeking them.

Once upon a time, they say, abuse was more likely

to go unreported because women would endure it rather than face the stigma of moving out of home and publicly seeking help.

Typical is the case of one woman in her 80s who approached Sallianne McClelland, president of Hornsby Ku-ring-gai Women's Shelter, after a recent address to a church gathering in Turramurra and told her she had been the victim of abuse by her husband.

"She was beautifully dressed and beautifully spoken," Ms McClelland said. "When I asked her if she had been able to escape the abuse, she replied, 'I escaped it when he died'.

Street Watch [Page 17]

NORTH SHORE

3 The North Shore Police Area Command in conjunction with the Australian Border Force and councils conducted an operation targeting brothels last Friday. It focused on compliance with operating conditions and suspected criminal activity. Two women at an establishment in Willoughby Rd, Willoughby, were charged with drug and property offences.

TURRAMURRA

5 More than \$2200 worth of property was stolen from a storage area underneath a home in Womerah St between 9pm last Wednesday and 7am on Thursday. The items were a portable refrigerator, two line trimmers, a pressure cleaner and a hedge trimmer. They were taken from an open area beneath the house used to store property. The person reporting the crime advised police that the offender or offenders gained access to the back yard by removing a chain on a gate using unknown means.

24 February, Shared from the Kuringai Living page

Fox Baiting Program 18 February to 12 April 2019

Please see below for affected areas in the Ku-ring-gai Council area



IMPORTANT PUBLIC NOTICE
Fox Baiting Program

Fox baiting will be undertaken in National Parks and bushland reserves in northern Sydney to protect native wildlife including threatened species from fox predation.

1080 Baiting Period
25 February to 15 March 2019 in:

Castlecrag North Escarpment, Clive Park, Explosives Reserve, Harold Reid Reserve, Mowbray Park, North Arm Reserve, Northbridge Park
Managed by Willoughby Council

Bradley Park Reserve, Cowan Creek Reserve, Ku-ring-gai Wildflower Garden, Moores Creek Reserve, Old She Oak Reserve, Rofe Park, Sheldon Forest, St Ives Showground, St Ives Tree Tip, Surgeon White Reserve, Troon Creek Reserve
Managed by Ku-ring-gai Council

Dogs are not permitted in the reserves from 18 February to 12 April 2019

 **WARNING** 1080 poison (sodium fluoroacetate) is lethal to dogs and cats. It is vital that pet owners ensure their pets do not enter baited reserves. Warning signs will be displayed to notify the public. Penalties apply. Local Govt Act (1993) Sect 632 (2) (d). Dogs and cats are prohibited in National Parks (NPW Act 1974 & Regulations) at all times.

For further information contact
National Parks and Wildlife Service ph: 9457 9577
Pesticide use information line ph: 9472 8977
Willoughby City Council ph: 9777 7710
Ku-ring-gai Council ph: 9424 0000

22 February, Shared by Tim in the St Ives Community Group:



FANTASTIC NEWS..... The D-Caf open today.... D-Caf is the first of its kind in our region and supports people living-with-dementia and their family caregivers who are still living in the community.

Following a hugely successful pilot program in 2018, this desperately needed weekly event is the first of many to be rolled out in the northern Sydney region in 2019.

It provides a safe environment where people who have memory loss and their family caregivers can connect and socialize with like-minded people. It is a relaxed and informal stigma-free place where Dementia is NOT a forbidden word.

Sydney's Channel Nine's Today Extra program will be airing a story on the launch tomorrow (Friday 22nd Feb).

Can you help us spread the word as it is our intention to raise awareness and funds to roll out more D Cafs asap?

[Facebook](#)

[Funding Page](#)

Thank you, Tim (Dementia Champion)

21 February

We met a few other organisations and learnt about new things whilst helping on the Neighbourhood Watch crime prevention stall at the Everything for Seniors day at St Ives. We'd like to share a few links:

[Ku-ring-ga Boomerang Bags](#)

[Climate wise communities](#)

[The Cavalcade of History of Fashion \(based at Roseville\)](#)

www.aashaaustralia.org.au <http://www.aashaaustralia.org.au>

[Ku-ring-gai Historical Society:](#)

21 February, from Stay Smart Online

Are you an older Australian keen to improve your confidence and skills online? Office of the eSafety Commissioner's Be Connected is hosting free webinars in March and April to help you stay safer online. Learn about when to use your mobile data and when to use public Wi-Fi.

[Register for these and other sessions here.](#)

21 February, Email to Council

We thought you would be interested in this email to council that we were copied in on. It's a warning to other families. We will let you know any response and outcome:

I believe I should raise this to the council and those parents who have kids played at Mark Taylor Oval during evening hours before it's TOO LATE. A few days ago my 9 yrs old daughter was so close to get hit by a cricket ball when she was playing a ball with her little sister there at around 5pm. I was shocked as the cricket ball was only around 10 cm away from hitting her back. I reckon it's extremely dangerous to other people (especially to kids as that could be fatal) to play cricket casually while there are many kids are playing around in the oval during evening hours.

I understand that there are signs next to the oval regarding "watch out flying balls" but this only means if there is a cricket match over there and people should watch out.

People shouldn't live in fear all the time. For ensuring kids could play safely during evening hours (e.g. 17:00 – 19:00) , I believe council may restrict people playing cricket casually during evening hours:- alternatively to restrict using the standard cricket ball which is hard and harmful if people getting hit, instead using a tennis ball as that might be safe to others.

I suggest that the council should take needed actions for moving forward with this situation before any tragedy happened. Please don't hesitate to forward this to any party who should concern. Thanks.

Have a good day!

20 February, from 5why.com.au

Wastewater Results Show Aussies Spent A Whopping 9.3 Billion Dollars On Illicit Drugs In 2018 [Read details here.](#)

20 February, from Eastern Suburbs Police Area Command



MAN SOUGHT ON ARREST WARRANTS.

Police are appealing for public assistance to locate a man wanted by virtue of arrest warrants.

Grant MCNEIL aged 33, is wanted in relation to a conviction warrant for a dishonesty offence and also a breach of a court order.

The offence that the warrant relates to occurred in the Paddington area in February 2018.

Police have received information that he could be in the North Shore area.

MCNEIL is described as being of caucasian appearance with a thin build, black hair and brown eyes

Anyone who sees him or knows of his whereabouts should not approach him but contact police via Triple Zero (000) or Crime Stoppers on 1800 333 000.

20 February, from fca.org.uk: Play Scam or Smart



Can you spot an investment scam from a smart investment?

[Play the game here.](#)

20 February, from Marine Area Command - NSW Police Force



Keep a look out for this stolen 2017 Chaparral runabout registration AJM886N which was stolen on 2017 trailer registration TD78FQ between 17 - 31 January 2019 from a Unanderra premise. If you have any information please contact your local police or Crime Stoppers on 1800 333 000. Please like and share.

20 February, from northshoremums.com.au: Safely plan to leave an abusive relationship



This article is for all the women questioning whether they should leave their partner, for reasons of financial, emotional or physical abuse, and the women too afraid to ask advice. It's written by a woman in a facebook group on the Gold Coast, with her wish to share it. It's not a strict guide to follow, only suggestions and insights; of course, each person's situation is different. Take from this what will help you, and above all reach out to professional services and qualified experts who can help with practical support and safely navigating an exit.

Read details [here](#).

19 February, Shared from St Ives Community Group:

We were broken into today while I was at home in bed sick. Nothing was taken but they had the audacity to open two back doors (sunroom first) and leave a letter on my dining table. This is in North Turramurra. 😞



Shout out to Ropes Crossing Fire Station.

IMPORTANT CONTACTS & LINKS

Emergency (Police/Fire/Ambulance): 000

NSW Police - Ku-ring-gai Police Area Command (PAC): 9476 9799

Hornsby Police Station, 292 Peats Ferry Road, Hornsby 2077

Ku-ring-gai Crime Prevention Officer: 9476 9723

Local Police Facebook page: [@Kuring Gai LAC](#)

Non-emergency two-way communication

Crime Stoppers: 1800 333 000

Report crime anonymously

Report suspicious activity asap

Police Assistance Line (PAL): 131 444

For non-urgent minor crime

[NSW Police Community Portal](#)

Online reporting of non-emergency minor crime: lost property, intentional damage, graffiti or theft.

Interpreting & Translating Services: 131 450

[NSW Police - website](#) for crime prevention advice

Never be afraid or embarrassed to report a crime, concern or fear you have to the Police. The Police are here to help you.

Neighbourhood Watch within Ku-ring-gai and Hornsby:



Website NHWKuringgaiHornsby.org.au



WatchOut.org.au - our one-stop-shop for crime prevention

 **Facebook** [@NHWKuringgaiHornsby](https://www.facebook.com/NHWKuringgaiHornsby)

 **Twitter** [@NHWKRGHornsby](https://twitter.com/NHWKRGHornsby)

 **Email** NHWKuringgaiHornsby@gmail.com

Local Facebook pages:

 **WatchOut!** Our Crime Prevention [WatchOut! Facebook page](#)

 [Neighbourhood Watch - Berowra \(technical issues\)](#)

 [Neighbourhood Watch - East Killara](#)

 [Neighbourhood Watch - Gordon](#)

 [Neighbourhood Watch - Hornsby](#)

 [Neighbourhood Watch - Killara](#)

 [Neighbourhood Watch - Mt Colah](#)

 [Neighbourhood Watch - Normanhurst](#)

 [Neighbourhood Watch - Pennant Hills](#)

 [Neighbourhood Watch - St Ives](#)

 [Neighbourhood Watch - Turramurra](#)

 [Neighbourhood Watch - Wahroonga](#)

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