



Neighbourhood Watch in Ku-ring-gai and Hornsby

eNewsletter #381 - 29 January 2019

This weekly eNewsletter is compiled by Neighbourhood Watch volunteers as a service for residents in Ku-ring-gai and Hornsby council areas. The eNewsletter is a new type of Neighbourhood Watch; utilising the available technology to keep people more connected and up-to-date with local crime and safety issues.

The eNewsletter includes a selection of posts from the [Ku-ring-gai PAC Facebook page](#) (also known as 'eyewatch'), primarily for those not familiar with Facebook. We add anything interesting from a Neighbourhood Watch point-of-view - this could be a local newspaper article, a roadwork warning, crime prevention tip(s), an upcoming Neighbourhood Watch meeting, Q&As from residents, or an item from an other Police command ("Crooks know no boundaries!").

🚗 Have you seen anything we should share with the community? [Please email](#) our NHW in Ku-ring-gai & Hornsby volunteers. We do value your contributions. Thank you for your support.

🚗 Please feel free to [share/forward this eNewsletter](#) with your friends, family, colleagues and neighbours.

🚗 Reading our eNewsletter for the first time? [Click here to subscribe.](#)

29 January, from NSW Road Safety - NSW GOV

Just a reminder, school zones are in operation around schools. Keep our kids safe, stick to the 40km/h school zone speed limit and slow down.

Details [#TowardsZero](#).

29 January, from PCYC Hornsby / Ku-ring-gai

Did you know that learner drivers who complete the PCYC Safer Drivers Course get 20 hours of logbook credit? To be eligible for the course you must meet the following criteria:

- ✓ Hold a valid NSW learner licence
- ✓ Be under the age of 25
- ✓ Have completed minimum of 50 hours of actual on-road driving (any credit hours gained under the Structured Professional Lesson (3 for 1) scheme must be excluded) and must include at least 10 hours of nighttime driving.

Find a course near you at [this site](#).

25 January, from the dailytelegraph.com.au: Weekly fast five: Police news across Hornsby Shire

Brooklyn

A 41-year-old St Marys man will likely be in a wheelchair for the rest of his life and remains in a serious condition in hospital after diving head first into a shallow, tidal pool.

The man was standing on a wooden walkway surrounding the Brooklyn Baths on the Hawkesbury River last Wednesday when he dived into the pool about 11.30am.

Police said witnesses saw the man resurface motionless with his head face down in the water.

A witness swam over and pulled him toward the shore. Police said another witness then performed CPR on him until he became semi conscious.

Paramedics arrived and took him to a nearby park where he was flown to Royal North Shore Hospital with spinal injuries.

He suffered several breaks to his spine and was still in a serious condition in hospital today.

Thornleigh

Two people fled from Thornleigh West Public School after an alarm was set off on Sunday about 9.30pm.

A security guard responded and spotted two people inside E-block.

The two people, one described as a 15-year-old boy, ran away after the security guard approached the building. Nothing was stolen or damaged.

Pennant Hills

Police are warning residents of an online scam which defrauded a Pennant Hills woman of \$754.46.

On Wednesday, January 9, the woman aged in her 60s was using Facebook on her Apple computer when the screen froze and a message appeared saying she should call an Apple technician.

The woman called the number attached, 1800 865 120, and talked to a man who said he was affiliated with Apple.

Police said she allowed him remote access to her computer. After talking with the scammer, she then agreed to pay him \$700 for a lifetime warranty against potential viruses.

The scammer collected her bank credit card details. After the incident, the woman called a family member suspecting she had been scammed.

She then called her bank and put a freeze on her cards but the money had been taken.

The incident has since been reported to police who have issued a warning to residents.

Mt Colah

A 34-year-old Wentworthville man suffered a spinal injury, a fractured skull and bleeding to the brain after falling from a ladder while carrying out maintenance on power lines at Telopea St last Wednesday about 8.30am.

Police said the ladder he was on slipped to the side when he was about 3m to 4m up it.

His head hit the concrete footpath. He was taken to Royal North Shore Hospital where he was in a stable condition later that day. He required surgery on his spine.

Cowan

An elderly man believed to be homeless has died after falling off a cliff onto the M1 in front of motorists.

Ku-ring-gai police said the 72-year-old man fell about 15m onto the motorway at Cowan about 3.40pm on Tuesday.

The man landed on the shoulder of the M1 southbound lanes, near the Cowan to Jerusalem Bay walking track overpass, and was pronounced dead at the scene at 3.55pm.

A tent and small campsite was found near the edge of the cliff.

Police believe he may have stumbled and fallen and are treating the incident as a misadventure or accident.

25 January, from North Shore Police Area Command

Dispute over a meal, a succulent Chinese meal.

Shortly before midday Tuesday 22nd January police were called to a Chinese seafood restaurant on Railway Street, Chatswood after a man called them to say that his wife was refusing to pay for her part of the meal they had shared and that she was expecting him to cover the bill.

Police spoke with the man, who phoned triple zero to alert police to the dispute, and advised him that triple zero is for emergency situations where a life is in danger, a crime is taking place, or in time critical situations.

Police are unsure of who eventually paid for the remainder of the succulent Chinese meal.

22 January, from NSW Road Safety - NSW GOV

How safe is your motorcycle helmet? We've recently released the latest safety scores of 30 motorcycle helmets.

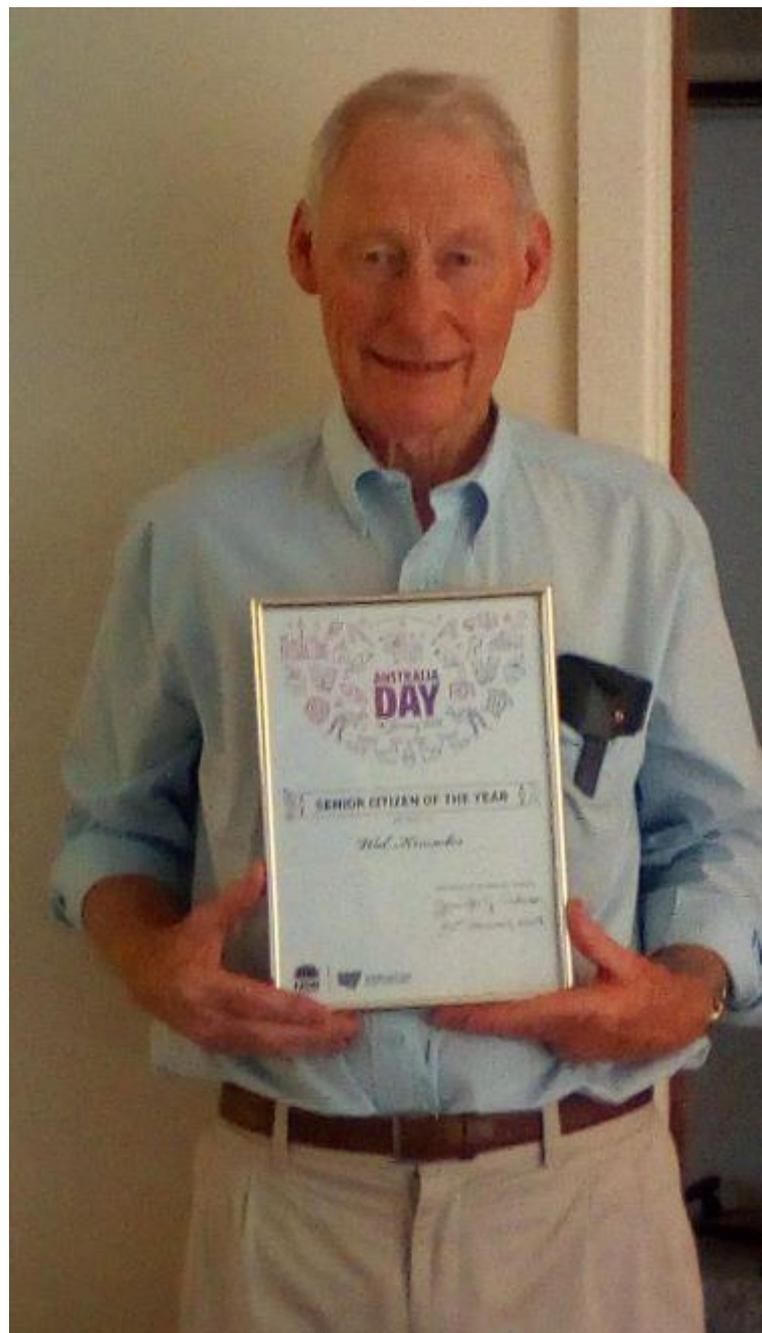
Find out more [here](#).

Watch video [here](#).



Our Neighbourhood Watch volunteer, Wal Knowles, receiving his award!

We are proud to share the photos of our volunteer, **Wal Knowles, East Killara Neighbourhood Watch Area 25/26 Coordinator**, receiving the Ku-ring-gai Council's Senior Citizen of the Year Award for 2019. The award was presented at the Australia Day celebrations on Saturday, 26 January 2019 at Bicentennial Park, West Pymble.



28 January, from esafety.com.au: Cyber abuse

Are you an adult who has experience Cyber Abuse?

Cyber abuse can involve a range of behaviours such as trolling, cyberbullying, cyberhate, cyber harassment, cyber racism and online hate speech, image-based abuse and more.

EXAMPLES OF CYBER ABUSE:

Sharing intimate or sexual photos or videos online without consent

Targeted and persistent personal attacks aimed at ridiculing, insulting, damaging or humiliating a person

Encouraging vulnerable people to self-harm

Repeatedly sending obscene messages to a person or their family, friends or work colleagues

Posting digitally manipulated explicit images of a person online

Threatening violence or inciting others to do the same

Stalking a person online and hacking into their accounts.

You can remove their power by reporting the person to the social media site, not responding to their comments, using tools available to block or mute them.

You can also report online [here](#)

In an emergency ALWAYS call Triple Zero (000).

For more information, advice and strategies, visit [this site](#).

27 January, from crowdsupport.telstra.com.au

Tips to help protect your online accounts

[Read details here.](#)

27 January, from canberratimes.com.au



How a constable saved a woman on the other side of the world.

[Read the heart warming story here.](#)

27 January, from monthlychronicle.com.au

Transport for NSW and TAFE NSW have agreed to terms to transfer a parcel of land adjacent to Hornsby Train Station for a new commuter car park.

The proposed car park which will be located on Jersey Street will help reduce parking pressure at the station.

Currently additional places are available for commuters at the Hornsby Westfield and will continue to be available to use free of charge.

The proposed project will help ensure that a commuter car park is available prior to the expiration of the current Transport for NSW lease from Westfield in 2021.

Details [here](#).

From Hornsby Advocate, 24 January [\[link here\]](#)

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BROOKLYN

A 41-year-old St Marys man will likely be in a wheelchair for the rest of his life after diving head first into a shallow, tidal pool. The man was standing on a wooden walkway surrounding the Brooklyn Baths on the Hawkesbury River last Wednesday when he dived into the pool about 11.30am. Police said witnesses saw the man resurface motionless with his head face down in the water. A witness swam over and pulled him toward the shore. Police said another witness then performed CPR on him until he became semi conscious. Paramedics arrived and took him to a nearby park where he was flown to Royal North Shore Hospital with spinal injuries. He suffered several breaks to his spine and was still in a serious condition in hospital yesterday.

PENNANT HILLS

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Uplifting news for commuters

THE State Government is trying to woo upper north shore commuters with a pledge to install lifts at four train stations.

Waitara, Normanhurst, Pymble and Warrawee stations will receive upgrades under the \$1.3 billion Transport Access Program.

Bill and Carmel Aitken, who campaigned to have a lift at Waitara on behalf of elderly parishioners at Our Lady of the Rosary Catholic Cathedral, welcomed the news.

“It’s a basic need when you look at how many people are handicapped and how many people have sticks,” Mr Aitken said. Ku-ring-gai state Liberal MP Alister Henskens said people with disabilities and the elderly were the biggest winners. A time frame has not yet been provided but Mr Henskens said Waitara would get more than one lift. “At least two lifts because of the configurations of Waitara,” Mr Henskens said. “One level is street level, one level isn’t.”

From the North Shore Times, 24 January [\[link here\]](#)

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GORDON

2 About 9am on Thursday, police responded to a call at 735 Pacific Highway following reports of construction workers renovating a shopfront which contained asbestos. Police observed dust particles spilling out onto the footpath. Officers secured the area with crime scene tape before a hazmat team arrived to seal off the shop. The matter is being investigated by work cover NSW.

TURRAMURRA

5 AN academic downed three bottles of wine with his wife before allegedly attacking six teenagers with a knife in Turramurra on Saturday, January 12, a court has heard. Shannon Morrison is charged with attempted murder, six counts of wounding with intent to cause grievous bodily harm and affray after a brawl on Gilroy Ave. Morrison, from Hornsby, was denied bail by Magistrate Bruce Williams despite his parents offering up a \$1.2 million surety. The 34-year-old will next face court again in March.

Fake Guns Cause Chaos

A DRAMATIC arrest unfolded at Westfield Chatswood on Wednesday, January 16 after a group of youths were seen carrying firearms, which turned out to be replicas. An 18-year-old man and four youths, aged 17, were arrested. The man, from Carlton, has been charged with offensive behaviour in a public place. He was granted bail to appear in Hornsby Local Court on February 27. The four youths will be dealt with under the Young Offenders Act. The investigation is continuing with police following a number of lines of inquiry.

Dates for the Diary:

Tuesday 05 February 2019: Safer Internet Day [Info](#)

Tuesday 12 February: Community Safety Precinct Committee (CSPC) meeting. **Email us any issue you'd like discussed.**

Tuesday 19 February: Ku-ring-gai Council's Everything for Seniors Day 10am-3pm @ St Ives Village Green & Community Hall. NHW Crime Prevention stall, with kids photo booth, dress-ups, info and goodie bags.

Friday 08 March: Hornsby/Ku-ring-gai Women's Shelter fundraiser - Strength is her Superpower. International Women's Day 2019.

Sunday 07 April: Lindfield Rotary Fun Run.

25 January, from teletracnavman.com.au: The Most Dangerous Times to be on the Roads of Australia

A new study shows the most dangerous times to be on the road in Australia. The results will surprise you.

[Visit this site for details.](#)

25 January, from Department of Justice

SPOTLIGHT ON JUSTICE PARTNERSHIPS: THE WITNESS ASSISTANCE SERVICE AND THE CHILD SEXUAL OFFENCE EVIDENCE PILOT (CSOEP)

As 2019 commences, Victims Services would like to take a moment to acknowledge the work of the Witness Assistance Service (WAS), and the important role WAS Officers perform in facilitating the effective delivery of the Child Sexual Offence Evidence Pilot 'the Pilot' in Sydney and Newcastle District Courts.

As part of a specialist service within the Office of the Director of Public Prosecutions (ODPP), WAS Officers have been working closely with Victims Services in prescribed child sexual offence matters since the inception of the Pilot in March 2016. Furthermore, Victims Services was delighted to attend the annual WAS conference in December 2018 to explore how both organisations can continue to work in partnership to support children and families.

WAS officers assist and support victims and prosecution witnesses with the aim of reducing the stress and trauma that is often associated with attending court. In tandem, Witness Intermediaries serve as impartial officers of the court to facilitate communication with vulnerable child complainants and witnesses who may have disabilities or specific communication needs arising from trauma. The joint partnership of these two professions results in a unique and holistic support service for children when it is needed most in NSW.

For more information about the role of WAS Officers visit [this site](#).

For more information about Witness Intermediaries visit [this site](#).

24 January, A warning shared from North Shore Mums group. Please keep a look out.

Hi neighbours.

We live in Chatswood/Willoughby in between Bunnings and the High St shops. Our home got broken in to today (Wed 23 Jan) between 9:30am and 1:30pm. I came home with my son to find our rooms ransacked.

They took mostly cash but the things we are sad about are a University Medal belonging to my husband, (bronze medallion in a blue leather box), and my son's blue dog porcelain money box.

These items obviously have no value to anybody else, but have sentimental value to us. If you see either of these items discarded in the streets could you please contact me.

Thank you.

23 January, Shared from Pymble/West Pymble Community group:

Last night my daughter came home around midnight to find several people going through our bins. She had to park near them and walk, maybe run, past to come inside. When she told me I looked outside and could see the head torches. They then moved onto my neighbours bin, then across the road to the next bin. My husband went out and approached them and asked what they were doing. It was a man and a woman, they didn't look up or respond, just moved onto the next bin. He had a look in their big bags and realised they were collecting from the glass/plastic bins. He told them they needed to leave, they can't go through other peoples bins, and they were making a lot of noise at midnight. They still ignored him and continued onto the next bin. I don't know if this is legal, or if there is somewhere I should report the incident or just not worry about it.

It is illegal, as per this article someone shared in the comments [here](#). "What they perhaps don't realise is that the contents of someone else's bin are in the legal possession of the property owner when on private land, and of council when the bins are placed on the kerbside for collection."

23 January, Dementia Cafe

Thanks to Fiona:

A new dementia cafe is opening in February in Waitara on Thursday mornings for people living with dementia and their carers. If you would like to join us please call or pm me to book your place (details can be found on the

attached flyer).

Do you know we have a Dementia Café
Hosted by the Hornsby / Ku-ring-gal Dementia Alliance

Our Dementia Café is the first of its kind in the region and supports people living with dementia and their family caregivers who are still living in the community.

The Café is open every Thursday for 2 hours during the school term. (10.00am-12.00pm)

What is a Dementia Café?
Located in Waitara our Dementia Café is a meeting place for people living with dementia and their family caregivers who are still living in the community.

We provide a safe environment where people who have memory loss and their family caregivers can relax and enjoy socialisation, refreshments, discussion and entertainment.

What you can Expect:

- Social Contact with others having a similar experience
- Peer Support and Friendship for carers
- Free dementia information and education
- An Informal, relaxed and Stigma-Free environment

What NOT to Expect:

- Formal Care Service
- Clinical Assessment
- Personal Care

For booking enquires please contact **Fiona** (Program Co-ordinator)
0402 837 877
feshal@optusnet.com.au

Location:
Hornsby - Ku-ring-gal Police Citizens Youth Club
(1 Park Lane, Waitara)
(Underground on-site parking available)
(2 minutes' walk from Waitara Railway Station)
(15 minutes' walk from Westfield Shopping Centre Hornsby)

Skilled volunteers are on hand to advise people towards other local dementia service providers, suitable support groups and information about what it means to live well with dementia.

Rotary PCYC

BOOKINGS ARE ESSENTIAL

23 January, from Australian Federal Police

In an increasingly online world, we urge all parents to talk with their children about their social media use and ensure they are comfortable in reporting inappropriate behaviour online.

Today a 33-year-old Sydney man is scheduled to face court for allegedly possessing and sharing child exploitation material online. Our NSW Joint Anti Child Exploitation Team will allege the man was exchanging child exploitation material and engaging in sexualised chats with other users via a social media platform. He was arrested in December 2018.

Members of the community who have information about people involved in child exploitation material are urged to report their suspicions through the 'Report Child Abuse' link [here](#), via Crime Stoppers on 1800 333 000 or the social media provider.

23 January, Senior's Week

Please find attached the schedule for Senior's week – 13th to 24th February. Bookings can be made via the St Ives Shopping Village concierge 8422 4009.

Looking forward to seeing you at our Crime Prevention stall at the Ku-ring-gai Council 'Everything for Seniors' event at the St Ives Community Hall on the Village Green, 10am til 3pm on Tuesday 19 February.



SENIOR'S WEEK

WEDNESDAY 13TH TO SUNDAY 24TH FEBRUARY

In support of Senior's Week, we are proud to host a series of **FREE** workshops, seminars and health checks.

Book now!

FREE SENIOR'S WEEK

WORKSHOPS & SEMINARS

Workshops have limited places available. Bookings essential via Village Concierge.

Call 8422 4009 or email concierge1@stivesvillage.com.au

** Check Cafes and stores for discount offers and meal deals during Senior's Week **

WEDNESDAY 13/2
INTRODUCTION TO YOGA
Join Ku-ring-gai Neighbourhood Centre for an introduction to seated yoga and stretching.
Level 1, near Priceline, 11am

THURSDAY 14/2
CREATE A WATERCOLOUR
Create your own watercolour for beginners

TUESDAY 19/2
FERMENTING FOR BETTER HEALTH: CULTURED ARTISANS
Discover the amazing benefits of fermenting: with anti-inflammatory properties increase longevity, improve gut health and wellbeing.
Level 1, near Priceline, 10am - 11.30am

EVERYTHING FOR SENIOR'S: VOLUNTEERING & SERVICES
A showcase of community organisations providing services, activities & volunteering opportunities for seniors in Ku-ring-gai.
Village Green Community Hall 10am - 3pm

WEDNESDAY 20/2
RETAILERS HEALTH EXPO
Visit Level 1, and listen to our expert retailers cover a range of health topics for Senior's.
10 - 10.30: Epstein Chiropractors
10.30 - 11.00: Foot Health and podiatry for Seniors
11.00 - 11.30: 'Active Seniors' Workshop - hosted by Hilary at St Ives Physio and John at Athlete's Foot

FREE BLOOD & CHOLESTEROL CHECKS
O'Loughlins Medical Pharmacy and Niara Asino Level 1, near Priceline. All Day

23 January, from the Office of eSafety Commissioner: How to spot online scams

Australians aged 55 years and over have lost more to online scammers than any other age group – in 2018 alone,

they lost over \$44 million*. It serves as a reminder that the internet is a wonderful place to explore and connect, but it pays to be savvy.

Join us for a presentation by the Office of the eSafety Commissioner to learn how you can spot a scam when you see one.

We'll cover:

The most common scams including dating and romance scams, tech support scams, and the latest tax and Medicare scams

Tips on how to spot them

What to do and not do

Where to go for help.

Join the conversation, feel free to ask questions or just sit back and listen.

Details: Tues, Feb 19, at 10am, Chatswood Library

23 January, from the dailytelegraph.com.au

An illegal campfire which was left behind without being fully extinguished in the Berowra Valley National Park had to be put out by firefighters over the weekend — leading to a call for campers to be more cautious.

22 January, A warning shared from Pymble/West Pymble Community group. Do you have any information or cctv that may help?

***parents beware ***

My 10 yo son just came home from riding around the local streets and told me someone slowed their car and asked him to get in

He did the right thing and peddled home as fast as he could

Street: Duneba Avenue west pymble

Description: young Asian male (20's...)

Car: Toyota Hilux twin cab (or something like that, he didn't hang around to check it out closely)

And in the comments:

The same thing happened to me when I was young and the next morning they were parked outside my house waiting for me to walk to the school bus. Be vigilant the next period of time as they may now know where you live!



IMPORTANT CONTACTS & LINKS

Emergency (Police/Fire/Ambulance): **000**

NSW Police - Kuring-gai Police Area Command (PAC): 9476 9799

Hornsby Police Station, 292 Peats Ferry Road, Hornsby 2077

Ku-ring-gai Crime Prevention Officer: 9476 9723

Local Police Facebook page: [@KuringGaiPAC](#)

Non-emergency two-way communication

Crime Stoppers: 1800 333 000

Report crime anonymously

Report suspicious activity asap

Police Assistance Line (PAL): 131 444

For non-urgent minor crime

[NSW Police Community Portal](#)

Online reporting of non-emergency minor crime: lost property, intentional damage, graffiti or theft.

Interpreting & Translating Services: 131 450

[NSW Police - website](#) for crime prevention advice

Never be afraid or embarrassed to report a crime, concern or fear you have to the Police. The Police are here to help you.

Neighbourhood Watch within Ku-ring-gai and Hornsby:

 **Website** NHWKuringgaiHornsby.org.au

 **WatchOut!** WatchOut.org.au - our one-stop-shop for crime prevention

 **Facebook** [@NHWKuringgaiHornsby](#)

 **Twitter** [@NHWKRGHornsby](#)

 **Email** NHWKuringgaiHornsby@gmail.com

Local Facebook pages:

 **WatchOut!** [Our Crime Prevention WatchOut! Facebook page](#)

 [Neighbourhood Watch - East Killara](#)

 [Neighbourhood Watch - Gordon](#)

 [Neighbourhood Watch - Hornsby](#)

 [Neighbourhood Watch - Killara](#)

 [Neighbourhood Watch - Normanhurst](#)

 [Neighbourhood Watch - Pennant Hills](#)

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