



This list was compiled by those involved with Neighbourhood Watch within Ku-ring-gai and Hornsby council areas. Please contact your Crime Prevention Officer (CPO) at Hornsby Police Station for more information. Phone: 9476 9799.



OUR 20 FAVOURITE CRIME PREVENTION TIPS FOR **PEDESTRIANS**

1. **MAKE EYE CONTACT** with drivers before crossing any road, even on a pedestrian crossing. Parents – teach your kids this life skill. Just because someone else decides to cross, doesn't mean it's safe for you. Your life – your decision.
2. **CONSIDER WHAT YOU WEAR** – dark colours may not be seen by drivers. Wear bright, lighter-coloured clothing when walking from dusk onwards or in reduced visibility conditions. Just because you can see a car (or their lights) doesn't mean the driver can see you, or will stop for you. The driver may have different priorities than you today. Or their vision may be affected by the sun. Consider reflective clothing and/or shoes with reflective strips. It is possible to buy reflective strips and armbands.
3. **PUT AWAY YOUR PHONE.** Unplug your earphones. Give all senses to the job of keeping you safe. Concentrate whilst you are on that road. Pause any involved conversations with those near you. 100% concentration please!
4. **NOTICE THE CAR SLOWING** before you consider stepping onto the road/crossing. Do NOT assume that a vehicle is doing the displayed speed limit and that you "should have enough time to cross". Even cyclists can break the speed limit and it's very difficult to assess their speed from straight on. Rain and wet roads make stopping distances a lot further.
5. **ALWAYS USE PEDESTRIAN CROSSINGS** where possible. Avoid crossing between parked cars or at the front or back of buses or large vehicles. Do not 'Jay walk'. Use a crossing, or cross at an intersection if it is close by.
6. **CHECK FOR TURNING VEHICLES** at intersections, before you leave the kerb, and whilst you are crossing the road. Look in all directions, including over your shoulder! If you have a stiff neck, or limited movement, remember to turn your body.
7. **ALWAYS WEAR YOUR CORRECT GLASSES** when you go out. Similarly, always wear your hearing aids, so you can hear traffic and warnings. Wear sensible footwear if you are prone to losing your balance/tripping etc.
8. **WAIT FOR THE WALK SIGNAL** at traffic lights and pedestrian crossings. Do not enter the road if the red 'Don't walk' signal shows, flashing or otherwise. Beware adjacent crossings having similar 'Walk' sounds – you may start to cross prematurely, by mistakenly hearing the other crossing's 'Walk' signal – easily done!
9. **BE A ROLE MODEL FOR CHILDREN.** Don't run across the road. Walk at a determined pace. This helps to avoid a trip or fall, and also gives time for a driver to predict your path.

NHWKuringgaiHornsby.org.au WatchOut.org.au @ NHWKuringgaiHornsby@gmail.com

OUR 20 FAVOURITE CRIME PREVENTION TIPS FOR PEDESTRIANS contd.

10. CHIVALRY IS NOT DEAD! Please be prepared to assist the young, elderly, disabled, or parents with prams and/or shopping bags. Please lend a helping hand.
11. 'SCRAMBLE CROSSINGS STOP ALL VEHICLES and allow pedestrians to walk in all directions at the same time. Be even more aware of cars coming from every direction, especially if you are at the vulnerable point in the middle of the intersection when the green man disappears.
12. PLEASE DON'T RACE THE TIMERS! Pedestrian countdown timers have replaced the flashing red man at some intersections in NSW.
13. RESPECT CHILDREN'S CROSSINGS, sometimes helped by lollipop men/women. Take extra care looking for little feet behind and under cars, rolling balls, children running with over-balancing backpacks, etc. Children can be difficult to see and may act unpredictably. Children under 8yrs should hold a parent's hand when crossing a road, or in a carpark. See also <http://www.kidsafensw.org/road-safety/pedestrian-safety/>
14. PLEASE DO NOT CLIMB OVER FENCING, if pedestrian fencing is in place to direct pedestrians to better crossing points.
15. REFUGE ISLANDS ARE **NOT** PEDESTRIAN CROSSINGS. Please do not treat them as such. They are to help you cross the road in two stages, when traffic is busy or the road is wide. A driver should not stop for you at these islands.
16. CROSS DIRECTLY ACROSS THE ROAD, not at an angle. This is shorter, quicker, and is the route that drivers will predict you as using.
17. BE CAREFUL AS A PEDESTRIAN when you have consumed alcohol. Your judgement is impaired. Your decisions may not be good, so be extra extra careful. Go with a friend, share a ride, or ask for help.
18. AVOID WALKING ON THE ROAD. Use a nature strip, or footpath if available. If you must use the road, walk FACING the oncoming traffic, and as close to the side of the road as possible.
19. AT NIGHT USE A TORCH. Try and keep it pointing down and away from drivers, so as not to blind them.
20. CHOOSE A WELL-LIT, WELL-POPULATED ROUTE to walk. If possible, go with others. Check transport time-tables to minimise waiting times. Consider using a mobile phone App so others can track your progress (See: <https://watchout.org.au/personal/>).

FOR EMERGENCIES (Including anyone on your property)	000
TO REPORT ANYTHING SUSPICIOUS (Crime Stoppers)	1 800 333 000
TO REPORT NON-EMERG CRIME (Police Assistance Line)	131 444
IF YOU'RE NOT SURE (Hornsby Police Station)	9476 9799