



Neighbourhood Watch in Ku-ring-gai and Hornsby

eNewsletter # 341 - 23 April 2018

This weekly eNewsletter is compiled by Neighbourhood Watch volunteers as a service for residents in Ku-ring-gai and Hornsby council areas. The eNewsletter is a new type of Neighbourhood Watch; utilising the available technology to keep people more connected and up-to-date with local crime and safety issues.

The eNewsletter includes a selection of posts from the [Kuring-gai LAC Facebook page](#) (also known as 'eyewatch'), primarily for those not familiar with Facebook. We add anything interesting from a Neighbourhood Watch point-of-view - this could be a local newspaper article, a roadwork warning, crime prevention tip(s), an upcoming Neighbourhood Watch meeting, Q&As from residents, or an item from an other Police command ("Crooks know no boundaries!").

🚗 Have you seen anything we should share with the community? [Please email](#) our NHW in Ku-ring-gai & Hornsby volunteers. We do value your contributions. Thank you for your support.

🚗 Please feel free to [share/forward this eNewsletter](#) with your friends, family,

colleagues and neighbours.

🚗 Reading our eNewsletter for the first time? [Click here to subscribe.](#)

ANZAC DAY DAWN SERVICE

25 April 2018



ROAD CLOSURES from 3.30am - Peats Ferry Road, Hornsby
between Dural Street and George Street

USE ALTERNATIVE ROUTE

Crime and Incident Stats for the weekend 20 - 23 April

BEROWRA				1	
BOBBIN HEAD					
BROOKLYN					
COWAN					
GALSTON					
GLENORIE					Fraud
GORDON					Fraud
HORNSBY	1		1		High range PCA
HORNSBY HEIGHTS					
KILLARA					
MT COLAH				1	Low range PCA
MT KURING GAI	1				
NORMANHURST					Possess drugs & High range PCA
PYMBLE					
ST IVES	1				
THORNLEIGH			1	1 1 (burnt out vehicle)	
TURRAMURRA	1		1		3 Possess drugs
WAHROONGA					Fraud
WAITARA					
WARRAWEE					
WEST PYMBLE					
WESTLEIGH					
Date range	20 April to 23 April				

Berowra: Steal from Motor Vehicle 1

Glenorie: Fraud 1

Gordon: Fraud 1

Hornsby: Break & Enter 1, Stealing 1, High Range PCA 1

Mt Colah: Steal from Motor Vehicle 1, Low Range PCA 1

Mt Kuring Gai: Break & Enter 1

Normanhurst: Possess Drugs and High Range PCA 1

St Ives: Break & Enter 1

Thornleigh: Stealing 1, Steal from Motor Vehicle 1, Steal Motor Vehicle 1 (burnt out vehicle)

Turramurra: Break & Enter 1, Malicious Damage 1, Steal Motor Vehicle 3, Possess Drugs, Fraud 1

23 April, from 7 News Sydney

We can take you on board the new \$16 million dollar NSW Police Force helicopter PolAir 2, to show you how officers keep watch over Sydney. Watch video [here](#).

22 April, from NSW Police Force

MYTHICAL CREATURES



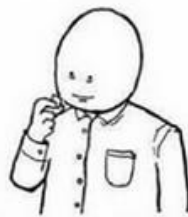
DRAGON



UNICORN



SASQUATCH



GUY WHO ALWAYS
KEEPS LEFT

If you find any of them, let us know.

20 April, Cuteness Overload: Sick kids name our newest and cutest police recruits



Read details [here](#).

20 April, from Traffic and Highway Patrol Command - NSW Police Force



@ Galston Gorge (earlier today) RMS investigating

18 April, from 9 News Sydney

LIVE: NSW Police Force addresses the media after a teenager died and another man was taken to hospital following a crash in Thornleigh.

P-Plater, 18, dies after crashing into parked tow truck as in the story below.

Watch video [here](#).

18 April, from 9News Sydney: P-plate driver, 17, dies after crashing his ute into parked truck

The teenage victim of a horror accident in Sydney's north this morning, where a car crashed into a parked tow truck, has now been identified.

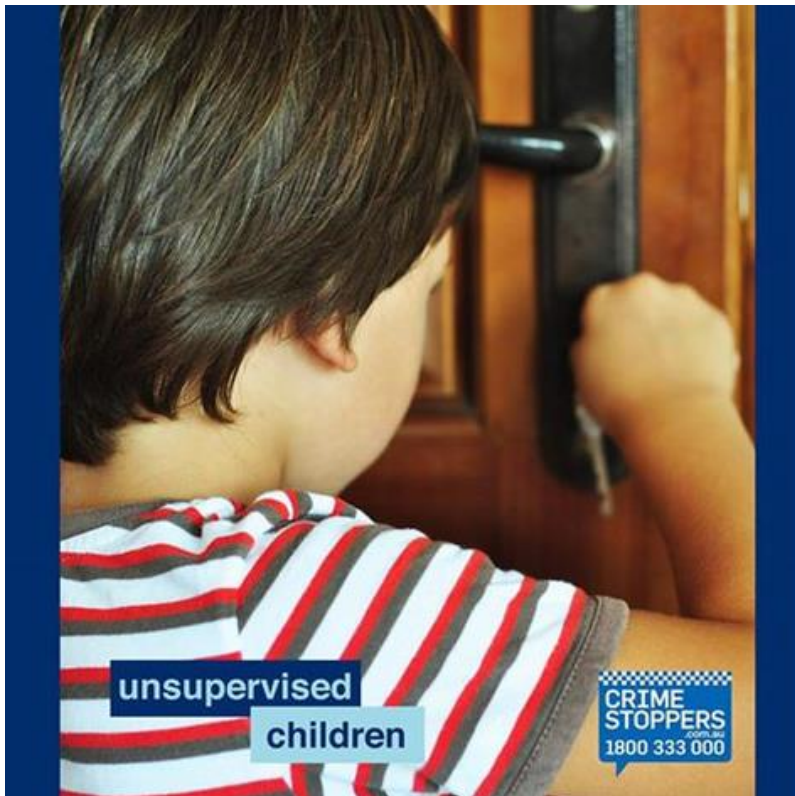
P-plate driver Elliot Bennett, 17, from Pennant Hills High School was killed in the incident when his Holden Commodore crashed into the truck around 1.20am on Duffy Avenue in Thornleigh.

Police are investigating whether speed and alcohol were factors in the crash after 40-metre skid marks were found on the road.

For details, click [here](#).

18 April, from ATO.GOV.AU/SCAMALERTS: Keep your info safe
Watch video [here](#).

17 April, from Crime Stoppers NSW
LEAVING CHILDREN HOME ALONE...



School holidays are upon us and it may be tempting to leave your child at home while you go off to work or run errands.

At first glance...

- Know your child's level of maturity when thinking about leaving them home alone
- When leaving your child at home for the first time, do it during the day for short periods
- Work out a set of 'home alone' rules with your child
- Make sure your child has a list of contacts including safe neighbours
- Being left at home alone is a developmental step in your child gaining independence and maturity

THE LAW...

There is no actual law in Australia that states what age a child can be left alone. The law is clear, however, that parents are legally responsible for their child's safety and wellbeing.

Parents have the responsibility to provide food, clothing, a place to live, and safety and supervision for their children.

The police or the Department of Family and Community Services can remove children from situations where their safety is considered to be in danger and there is no guardian present.

Babies and toddlers should never be left alone.

For more important information go [here](#)

17 April, from NSLHD Mental Health Drug & Alcohol

12 things happy people do differently... there's some good ideas here...

www.FB.com/TributetoStephenCovey

12 THINGS HAPPY PEOPLE do differently

by Marc

- #1**
Express gratitude
 - ❖ When you appreciate what you have, what you have appreciates in value
 - ❖ If we aren't thankful for what we already have, we will have a hard time ever being happy.
- #2**
Cultivate optimism
 - ❖ People who think optimistically see the world as a place packed with endless opportunities, especially in trying times.
- #3**
Avoid over-thinking and social comparison
 - ❖ Comparing yourself to someone else can be poisonous
 - ❖ The only person you should compare to is yourself before now.
- #4**
Practice acts of kindness
 - ❖ Selflessly helping someone is a super powerful way to feel good inside.
- #5**
Nurture social relationships
 - ❖ The happiest people on the planet are the ones who have deep, meaningful relationships
- #6**
Develop strategies for coping
 - ❖ It helps to have healthy strategies for coping pre-rehearsed, on-call, and in your arsenal at your disposal
- #7**
Learn to forgive
 - ❖ Harboring feelings of hatred is horrible for your well-being.
- #8**
Increase flow experiences
 - ❖ Flow is a state in which it feels like time stands still.
 - ❖ It's when you're so focused on what you're doing that you become one with the task.
 - ❖ Nothing is distracting you or competing for your focus.
- #9**
Savor life's joys
 - ❖ Deep happiness cannot exist without slowing down to enjoy the joy.
- #10**
Commit to your goals
 - ❖ Magical things start happening when we commit ourselves to doing whatever it takes to get somewhere.
- #11**
Practice spirituality
 - ❖ When we practice spirituality or religion, we recognize that life is bigger than us.
 - ❖ We surrender the silly idea that we are the mightiest thing ever.
- #12**
Take care of your body
 - ❖ Taking care of your body is crucial to being the happiest person you can be.



Neighbourhood Watch
Creating Safer Communities



From Ku-ring-gai Council: Hot foot it to the hot desk at Gordon Library!

Every third Friday of the month residents can drop into the hot desk in the Gordon Library foyer to get free advice and find out what community services are on offer.

The community hot desk is open between 10am and 12 noon every third Friday, with the next one coming up on Friday 20 April.

The Uniting NDIS service provider will be offering advice to residents on gaining access to the NDIS support scheme for people with a disability.

The next hot desk hosts will be the Ku-ring-gai Neighbourhood Centre on Friday 18 May, whose staff will be on hand to provide advice and information on the in-home and out-of-home care the Centre provides.

For detail, click [here](#).

Important roadworks begin on Lady Game Drive

Ku-ring-gai Council has obtained funding from Roads & Maritime Services for roadworks on Lady Game Drive that will make the road safer for motorists.

For details, click [here](#)

21 April, from Seven Network: Selling a vehicle online?

Here's some advice from a Seven Network 7News article following an attack/car theft:

Security experts say there are simple ways those who sell online can protect themselves.

"You don't have to go on test drive yourself," security expert Doug Nicholson said.

"Take a photo of person's ID, then text it to friend or family so it exists somewhere else other than your own phone."

From The North Shore Times, Thursday 19 April [\[View online edition here\]](#)

Double Bike Theft

TWO motorcycles have been stolen from a house in Lancaster Ave. Between 6pm Thursday, April 12, and 9am Friday, April 13, a blue Yamaha WR 450 and an orange KTM were stolen from an open garage. The owner woke at 4am and heard the sound of the bikes starting, but didn't realise they were his. The total value of the bikes is estimated at \$9200. Police believe that this incident is part of a new crime ring that has surfaced recently. It is believed that the offenders are stealing road bikes to order and selling them to customers. Bike owners are warned to be alert.

Streetwatch, on page 15

P Y M B L E

4 A DRIVER has blown more than three times over the legal limit in Pymble. Around 2.40am on Friday, April 13, police stopped a red Mazda on the Pacific Highway due to erratic driving. The 28-year-old male driver was subjected to a

breath analysis test, which returned a reading of 0.166. He was charged with high range drink-driving and will face Hornsby Court.

WILLOUGHBY

5 POLICE have charged an 18-year-old Willoughby man for allegedly threatening another man with a knife. Around 12.30am on Thursday, April 12, police were called to a bus stop on Willoughby Rd after reports of two men fighting. Officers allegedly found the 18-yearold chasing another man around the bus shelter with a large knife. The responding officer drew his gun and ordered the male to drop the knife, which he complied to. Police arrested and charged the man and he will face Hornsby Court.

From the Hornsby Advocate, Thursday 19 April [\[view online edition here\]](#)

Streetwatch, on page 07

HORNSBY

1 Police are searching for two men and a woman who were seen jumping up and down on a Range Rover in Wanderers Way about 10.30pm on Tuesday. The owner of the vehicle returned home and saw the trio causing the damage. They ran off and he chased them in his vehicle, keeping police updated, but they escaped before police arrived. Police are continuing their inquiries.

HORNSBY

2 Two dogs mauled a cat in front of its owner at 2.45pm on Monday in Berowra Rd. The male bull mastiff and female American staffy had escaped from their owner's yard and killed the cat in a nearby yard. The bull mastiff escaped into a creek while the female dog was trapped in the cat owner's yard. Police said the dog owner came along in his car and caught the mastiff and took him away. Council rangers located the owner and seized both dogs.

GALSTON

3 The driver of a 4WD was lucky to escape without injuries on Wednesday after tipping the vehicle on its roof in Galston Gorge. The driver was coming out of the Gorge on the Galston side, clipped the wall, burst a tyre and broke the steering control arm, causing the loss of control another collision with the wall and flipping the vehicle. NSW Fire and Rescue, police, and ambulance were soon on the scene. Galston rural fire brigade cleared an oil spill and helped with traffic control until the car was removed by tow truck.

WAHROONGA

4 A 19-year-old red Pplater will appear in Hornsby Court on a drink drive charge after being discovered by police parked across the junction of Grosvenor and Kintore streets in the early hours of Saturday morning. When police arrived the driver turned his lights off. The officers got him to park his Toyota Hiace on the roadside and a breath test proved positive. He was arrested and taken to Hornsby police station where he blew a mid-range 0.100. He will appear in Hornsby Court on May 10.

HORNSBY

5 Two teenage girls went on a shoplifting spree at Westfield Hornsby. The girls — both aged 15, one from Rosehill the other from Darling Point — started at 2pm on Monday with a visit to Rebel Sports where they picked several items, put them in a bag and walked out without paying. Next was Cotton On where they also took items and finally to City Beach where they took items into the changing rooms and ripped the tags off them before leaving without paying. They were spotted by security staff and police were called. The girls' parents were called and the teens were interviewed in their presence. Both were given a young offenders caution and banned from Westfield.

KU-RING-GAI

6 Police are warning shop owners to be on their guard — especially those selling mobile phones — after 37 thefts carried out by a group of young African men. Since December the same group aged between 12 and 20 are suspected of being involved in 24 incidents resulting in thefts from Optus stores with stolen items totalling \$31,500. The thieves operate in groups of two to six and have struck across Sydney.

HORNSBY

7 Threatening Centrelink staff led to a homeless man, 43, being charged with intimidation on April 4. The man went into the centre on the Pacific Highway at 12.30pm and when he was refused benefits because he had insufficient paperwork, he allegedly became agitated and threatened staff with violence, say police. He allegedly indicated to staff he had a knife in his bag. He was bailed to appear at Hornsby Court.

Dates for the Diary:

Sunday 06 May: Ku-ring-gai Council Festival on the Green, St Ives. 10am-4pm.

[Info](#)

Monday, 21 May: DV-Alert Training. Public Sessions at 3.30 - 5.50pm and 6.30pm to 8.30pm

20 April, From NSW Police Force: MAIL THEFT PREVENTION TIPS!

Modern life is all about easy access and convenience for the customer. This includes how we receive and send goods and information.

Items such as credit cards, drivers' licences and utility statements sent out in the mail include vital personal details of you and your family.

In the wrong hands, some of this information can be used to create false identification and used for crime. This type of crime costs millions of dollars each year and can have devastating consequences for your financial reputation.

By following some of these simple tips, we all can better protect ourselves from this type of crime.

Secure your mail

- Always install a lockable mailbox.
- Always use a quality lock on your mailbox.
- Never allow your mailbox to become full or overflow.

Protect your mail

- Always arrange to collect new credit cards from the bank or post office.
- Always have mail held at the post office or collected by a friend when you're away for extended periods.
- Always have your mail cleared daily.

Protect your identity

- Always beware of 'cold calling' and confirm who you are talking to.
- Never give any of your personal details to people you don't know or trust.
- Always contact your bank, financial institution or service provider if you think you have been contacted by a scammer.

20 April, Why you should change your iPhone passcode

If you're one of the millions using a four or six-digit passcode on your iPhone, it could be time for you to change it. An anonymous source told security firm Malwarebytes details of a small device, named GrayKey, that is capable of unlocking iPhone passwords.

The device, which the source described as a small grey box with two lightning cables sticking out of the front, can unlock an iPhone with a four-digit passcode in

as little as 6.5 minutes.

Read more [here](#).

20 April, from 9News: Is the dark web really a 'safe harbour' for criminals?

Law enforcement agencies around the world are battling increasing criminal activity on the dark web.

The dark web is an encrypted network that uses the internet, but requires specific software to access. It is designed to ensure the user's anonymity.

David Glance, director of the University of Western Australia Centre for Software Practice, told nine.com.au it is now well established as a "safe harbour" in the eyes of drug dealers, counterfitters, scammers, pedophiles and even terrorists.

For details, click [here](#).

19 April, What you need to know about women's homelessness: the shocking truth

There are more homeless women than homeless men in Australia, yet we know very little about them. The public image of the homeless is still drunk old men sleeping on park benches, but research shows that a mere 6% of the homeless are living on the streets. The rest are living, hidden from public view, in insecure, impermanent, unsuitable, overcrowded and often unsafe places. They have a temporary roof over their heads but not a home. Increasing numbers of women are living this way, so who are these women and how can they be helped? Homeless women are mostly single women who look like everyone else

45% of single women over 45 are earning the minimum wage or less and all of these are either already homeless or at risk of homelessness, as the minimum wage is no longer able to pay the lowest rentals. 330,000 women fall into this category.

Details [here](#).

19 April, Interactive map launched to identify 'good' and 'bad' areas of Sydney

An interactive map has been launched today, allowing women and girls to pinpoint 'bad' locations across Sydney where they feel unsafe.

The web based tool, developed by Plan International Australia, coincides with new research showing that the vast majority (90 per cent) of young women surveyed feel unsafe at night, on public transport or while navigating the city alone, even in daylight.

For more info, click [here](#).

19 April, from Crime Stoppers NSW

When you call Police Emergency, The Police Assistance Line or Crime Stoppers, chances are the operator is going to ask you a few questions which they will then use to help police get the information they need.

It is important to remember that our highly skilled operators are asking you these questions because police NEED this information to help YOU in the best way they can.

Without important information, police may be delayed, or not able to investigate further.

So please, when you utilise any of these services remain calm, don't shout, speak slowly and clearly, answer any questions the operator asks you and stay on the line until the operator has finished.

18 April, from 9 News: Counterfeit Gold Viagra tablets 'pose a serious health risk'

The Therapeutic Goods Administration has warned Australians to stop taking Gold Viagra 9800mg capsules immediately.

The TGA has tested the product and found it contains the undeclared substance sildenafil, which is more commonly known by its brand name Viagra.

Consumers have been warned this is a prescription only medicine and the supply of Gold Viagra 9800mg tablets containing sildenafil is illegal.

For more information, click [here](#).

18 April, From the West Pymble/Pymble group.

Warning to WhatsApp users as seems there will be a video coming out from tomorrow called Martinelli - don't open as it hacks your phone and nothing can fix as yet. Also if you receive a message saying upgrade from WhatsApp to WhatsApp Gold don't click! Apparently this virus is difficult and severe. Hope this helps.

17 April, From Ku-ring-gai Council Business Connections eNews:

Changes to advertising and signage rules

The State Government has changed the rules around the placement of advertising and signage in NSW. The State Environmental Planning Policy No. 64 – Advertising and Signage requires signage to:

- be compatible with the future character of an area
- provide effective communication in suitable locations
- be of high quality design and finish

Changes were made in late 2017 to improve road safety and reduce driver distraction, including banning advertisements on parked trailers. The change to ban trailer advertising came into effect on 1 March. All other changes came into effect on 29 November 2017.

More information [here](#).

17 April, from NSW Police Force [Edited]

Police are appealing for public assistance after a boy was bitten on the cheek during an attempted robbery at Macquarie Park.

About 11.40am yesterday (Monday 16 April 2018), a 13-year-old boy was with a friend at a shopping centre on Herring Road.

He was approached by two males who threatened him and tried to steal his shoes.

The boy pushed one of the males away before he was assaulted and bitten on the cheek.

The 13-year-old boy managed to escape and received medical treatment.

Officers from Ryde Police Area Command were notified and commenced an investigation.

Police wish to speak with two males who may be able to assist with their inquiries.

17 April, from The National Missing People's Coordination Centre

Have you had a loved one go missing? What was your experience of counselling support?

The University of New England, Armidale, in conjunction with the Australian Federal Police, is conducting research into the experience of accessing support when a loved one is missing.

By completing this survey, and sharing your experience, you'll help us understand the assistance or services people need when this occurs in their life. The results of a survey will help in the development of a resource for counsellors.

If you are over 18 and have had a friend or family member reported missing to Police please take 15-20 minutes to complete the survey.

Please note: this research is being conducted by University of New England and funded by The National Missing Persons Coordination Centre, within the Australian Federal Police. This research has been given ethics approval by the University of New England's Human Research Ethics Committee (approval number HE18-029 10 April 2018). Should you have any complaints concerning the manner in which this research is conducted, please contact the Research Ethics Officer at (02) 6773 3449 or ethics@une.edu.au

16 April, A Woman Sued Airbnb After Finding A Hidden Camera In Her Apartment

Here's her hidden camera horror story (and a few tips to help you spot the devices yourself). Having a nagging worry about hidden cameras in, say, your hotel or fitting room, might make you feel a bit over-paranoid, but the worry may be justified—hidden cameras are discovered more often than you might think, per NBC News. Case in point: one woman is suing Airbnb after apparently discovering that she and her boyfriend had been secretly recorded in an apartment for three days.

Details [here](#).

16 April, from the Scamwatch group

I just got a call 2 hours ago from someone claiming to be Australian Federal Police and they had a warrant against me because i was avoiding my taxes and all this bullshit and the ato is now going to issue a warrant for my arrest. I have seen alot of these things on the news and some people actually believe their lies and they get conned over like \$5,000 or even more i've seen, and this is usually done by money wiring or itunes cards... So just a friendly warning if u get an automated message from ato issuing u an arrest pls just ignore it. If you decide to call the number please abuse them over the phone :-> and to all my friends who work at retail and grocery stores if u see any customer buying like so many itune cards you may want to ask them why. If they say ato or some government agency or if it looks like they are on the phone with someone, pls call ur manager and the police..



IMPORTANT CONTACTS & LINKS

Emergency (Police/Fire/Ambulance): 000

NSW Police - Kuring-gai Local Area Command (LAC): 9476 9799

Hornsby Police Station, 292 Peats Ferry Road, Hornsby 2077

Kuring-gai Crime Prevention Officer: 9476 9723

Local Police Facebook page: [@Kuring Gai LAC](#)

Non-emergency two-way communication

Crime Stoppers: 1800 333 000

Report crime anonymously

Report suspicious activity asap

Police Assistance Line (PAL): 131 444

For non-urgent minor crime

[NSW Police Community Portal](#)

Online reporting of non-emergency minor crime: lost property, intentional damage, graffiti or theft.

Interpreting & Translating Services: 131 450

[NSW Police - website](#) for crime prevention advice

Never be afraid or embarrassed to report a crime, concern or fear you have to the Police. The Police are here to help you.

Neighbourhood Watch within the Kuring Gai LAC:



Website nhwkuringgaihornsby.org.au



Our Crime Prevention website WatchOut.org.au



Facebook [@NHWKuringgaiHornsby](#)



Twitter [@NHWKRGHornsby](#)



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